



UWA Plus Micro-credentials

Critical Information Summary

Title and brief description	ANHBM002 Principles of Dental Sleep Medicine. This unit, based on the Graduate Diploma in Dental Sleep Medicine, streamlines the knowledge required by dental health professionals to successfully manage adult and paediatric patients with obstructive sleep related breathing disorders such as snoring and obstructive sleep apnoea. Lectures develop an understanding of pathophysiology, diagnosis and successful treatment of obstructive sleep related breathing disorders with dental devices.
Certified learning	(1) develop an understanding of the pathophysiology of obstructive sleep related breathing disorders; (2) acquire the ability to evaluate patients at risk of obstructive sleep related disordered breathing, recognising the signs and symptoms of snoring and obstructive sleep apnoea; (3) develop an appreciation of the medical conditions related to obstructive sleep related breathing disorders; (4) acquire the ability to recognise and diagnose the dental conditions related to obstructive sleep related breathing disorders; (5) be able to recognise medical comorbidities and make appropriate referrals; (6) appreciate the current (non-dental) treatment modalities for obstructive sleep related breathing disorders; (7) understand treatment protocols for obstructive sleep related breathing disorders which involve dental interventions; (8) be able to formulate treatment plans and select suitable oral appliances for treating obstructive sleep related breathing disorders; (9) develop a high-level understanding of the use of oral appliances in the management of obstructive sleep related breathing disorders; and (10) recognise similarities and differences in the diagnosis and treatment of obstructive sleep related breathing disorders in paediatric patients compared to adult patients.
How learner participated	Onsite only
Effort required (indicative)	Total effort hours: 10 Modules to be completed over up to 22 weeks Approximately 5-6 lectures per module Recommended 15-24 hours reading/review per module Approximately 1 hour per module assessment Approximately 3 hours per final exam Total anticipated time is approximately 300hrs
Main assessment task	Application of multiple skills to complex problems, Testing recall of facts
Indicative equivalent level	Postgraduate
Industry recognition	No industry endorsement has been provided for this course. However, the Principles of Dental Sleep Medicine course provides theoretical knowledge which is required for the completion of the Australasian Sleep Association Fellowship of Dental Sleep Medicine certification examination.
Quality assurance	The quality of UWA Plus micro-credentials is assured through The University of Western Australia's standards and academic integrity processes.
Successful learner earns PD Points for conversion to:	12
. Admission to an award course	No
. Credit towards an award course	Yes
. If yes, how much credit?	Credit is one unit