



# UWA 2018/19 Summer School

## Active Leadership 1: Developing Leadership Skills (SSEH1104)

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### Welcome

Thank you for your interest in UWA's annual Summer School, an additional teaching period for students and an opportunity for people to pursue an area of interest or up-skill and progress their career to the next level.

This year's UWA Summer School runs from late November 2018 until early February 2019 and includes nearly 60 units.

Our Summer School units cover a range of engaging topics across various disciplines and embed practical application and experiential learning.

I encourage you to visit [study.uwa.edu.au/summer](http://study.uwa.edu.au/summer), the UWA Summer School website for more information about all units on offer, the enrolment process and available services.

We look forward to welcoming you to the UWA Community this summer.

**Professor Graham Brown**  
Dean of Coursework Studies (Acting)



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# Your Unit

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**Unit Name:** Active Leadership 1: Developing Leadership Skills (SSEH1104)

**Location:** Perth Campus

**Non-assessed Fee:** \$1148 (Enjoy the complete educational experience but without the stress of assignments)

**Assessed Fee:** \$1148 (Enjoy the complete educational experience, including assignments/exams and receive a final mark. The earned credit can be counted towards a future qualification at UWA)

**Dates:** 3 December - 21 December 2018

**Time:** Please visit [timetable.uwa.edu.au](http://timetable.uwa.edu.au) for timetable information

**Improve your active leadership skills in this hands-on and engaging unit, featuring a range of recreational activities such as sailing, kayaking and trekking.**

## Description:

A unique opportunity to investigate and develop effective leadership, interpersonal behaviour, communication, and the capacity to motivate others through experiential learning. Practice your skills through activities such as sailing, modified team sports, mountain biking, kayaking and trekking.

## Learning outcomes:

In this unit, you will:

- work within a team environment to achieve common goals, and identify the key attributes and skills needed to be an effective leader;
- understand and apply several leadership theories and perspectives in a variety of sport and recreation activities; and;
- reflect critically on and improve your own personal leadership understanding, experience, insights and goals.

## Lecturer:

**Associate Professor Michael Rosenberg**

Associate Professor Michael Rosenberg is a researcher and lecturer in the UWA Health Promotion Evaluation Unit. He has co-authored papers on consumers' ability to estimate energy content in unhealthy foods, the effects of exergaming on vascular function in children, and the influence of the home environment on children's physical activity and sedentary behaviour.

## Contact details:

[Michael.Rosenberg@uwa.edu.au](mailto:Michael.Rosenberg@uwa.edu.au)

## Other information:

Additional Costs:

Up to \$150 for costs involved with sailing activities.

## Summer School Logistics:

- All external applicants will receive a parking permit to allow them to park on-campus, free of charge. See [transport.uwa.edu.au](http://transport.uwa.edu.au) for information about parking areas, and check your permit for more details when you receive it.
- All students will receive a PHEME account and access to the online learning system (LMS), online library and course materials.
- Free on-campus WIFI will be available through your PHEME account.
- The UWA Summer School Precinct includes a number of cafes with extended opening hours during Summer School. Visit the Student Guild website for more information. [www.uwastudentguild.com](http://www.uwastudentguild.com)
- Summer School students will have access to the Reid Library and all its facilities: computers, charging stations, electrical outlets, printers/copiers, rest areas, group study facilities, private study areas, and of course, the librarians and library staff.
- Lockers and change rooms are available in the Reid Library. Bike racks are located throughout campus. End-of-journey shower facilities are available at the Fitness Centre.
- Information about public transport and cycling to UWA can be found at [study.uwa.edu.au/summer](http://study.uwa.edu.au/summer)
- Further information, including course materials, detailed timetable information, PHEME details, and campus maps, will be provided prior to commencement of the unit.