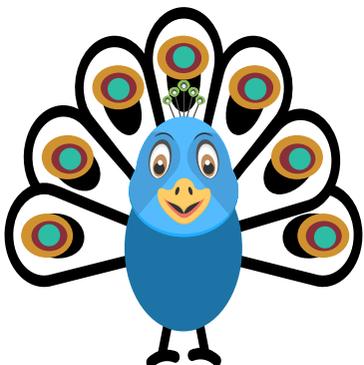**Design:** @cdaviesart (Instagram) using Piktochart

"You don't have to be good at art for the arts to be good for you"

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