



Anxiety Group Therapy Program for Children

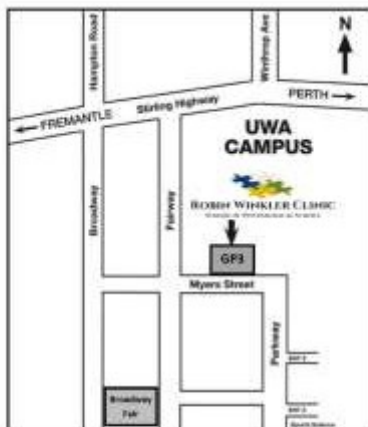
- Does your child experience heightened levels of anxiety?
- Is he/she aged between 6-12 years?
- Would you like to learn some skills to help you and your child?



If you answered **yes** to each of these questions, an upcoming treatment group at UWA may be of interest to you.

We are running therapy groups for children with anxiety

The treatment will closely follow the 'Cool Kids' program, an effective group therapy for decreasing anxiety. It runs for 10 weeks, for 2 hours each week on a Saturday morning, **with sessions for both parent(s) and child held at the same time**. The group sessions will be at the Robin Winkler Clinic (Myers St, Crawley) at the University of WA. Your child can continue with any existing therapy or medication throughout that he/she is already involved in the group program.



If you are interested, please contact RWC Admin at:
clinic-sps@uwa.edu.au
or call **6488 2644** for more information.



DATE: Saturday
Date TBC - Aug
2025 (10 weekly sessions)

TIME: 10am-12pm

COST: \$100 in total